#### <u>About Us</u>

Rejuvenee is a holistic beauty & wellness center.

We provide a range of world class services that promotes inner serenity & general wellbeing.



DISCOVER **77** 

TRANQUILITY,

**WHERE** 

RELAXATION

**MEETS** 

REJUVENATION

REJUVENEE SPA & WELLNESS BROCHURE



#### <u>Contact Us</u>

- **%** 08099930000
- ✓ info@rejuvenee.com
- www.rejuvenee.com
- **55A** Issac John Ikeja GRA

**Operational** 

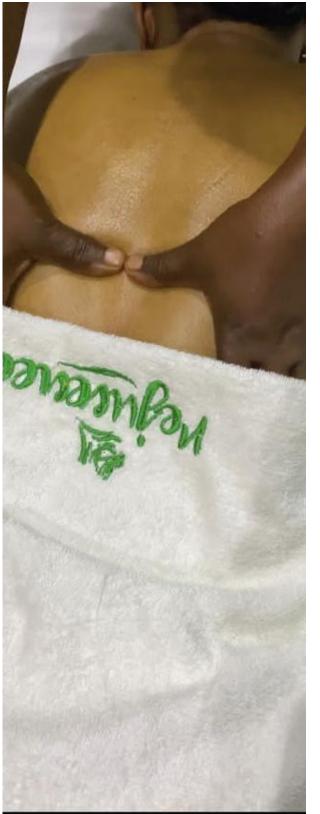
#### <u>Hours</u>

9:00 AM - 7:00 PM (MON-SAT) 1:00 PM - 7:00 PM (SUNDAYS)

Massage is not just a luxury, it is a way to a happier healthier life.







#### **Rejuvenee Massage**

#### **Deep Tissue Massage**

An Intense massage that uses deep pressure to relieve tension, eliminate any stiffness and releases energy to prolong the feeling of wellbeing long after the massage is over.

N30,000/30 mins N45,000/60mins N60,000/90mins

#### **Swedish Massage**

A soft pressure massage with the aim to relax the entire body which involves long strokes using light to firm pressure.

N30,000/30mins N40,000/60mins

ins N50,000/90mins

#### Combo Massage

It is the combination of both Swedish & deep tissue massage.

N50,000/60mins N60,000/90mins

#### Hotstone Massage

A massage therapy that uses smooth, heated stones which promotes relaxation of the muscles and joints in the body to ease pains & spasm.

N50,000/60mins

N60,000/90mins

#### Thai Massage

It's uses gentle pressure and stretching techniques which is focused on improving the flow of energy in the body.

N60,000/60mins N70,000/90mins

Head, Neck and Shoulder Massage

It relieves stress & tension. it is a massage which helps to stimulate the senses & relaxes the body.

N30,000/30mins N40,000/60mins

#### Back, Neck and Scalp Massage

It is a relaxation massage which helps to reduce stress & release tension.

N30,000/30mins

N40,000/60mins

#### Aromatherapy

It is a massage that uses essential oils to relax the muscles and relieve tension . N50,000/60mins N60,000/90mins

#### Reflexology

It involves the stroking and manipulation of soft tissue.

N30,000/30mins

N40,000/60mins

Weight Loss Massage (G5) It is a relaxing way to lose weight & reduce cellulite. N50,000/60mins

#### Pregnancy Massage (After First Trimester)

A light massage recommended for second and third trimester to assist in releasing lower back pain, water retention and sciatica. N40,000/60mins

#### Mini Me Massage(age 6-12)

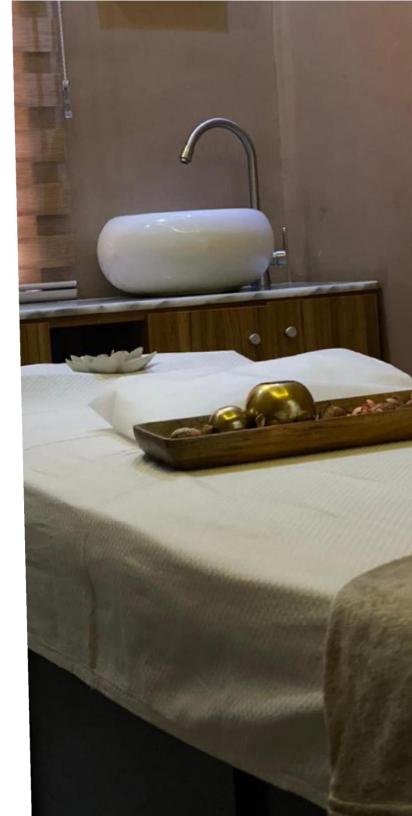
N30,000/30mins

#### **Pin Rolling Massage**

It uses the massage rolling pin which improves blood circulation and loosens up the body by massaging the calves.

Walk in per session Ten sessions Pre-paid

N45,000/60mins N400,000-2/3 Times a week





#### **Couple Deep Tissue Massage**

it is a massage for couples to bond and ease tension. it consists of a steam bath, and deep tissue massage.

N60,000/30 mins N80,000/60mins

120,000/90mins

#### **Couple Swedish Massage**

it is a massage for couples to bond and ease tension. it consists of a steam bath, and a swedish massage.

**N60,000/30mins** N80,000/60mins **N100,000/90mins** 

#### Couple Combo Massage

it is a massage for couples to bond and ease tension. it consists of a steam bath, a swedish and deep tissue massage.

N100,000/60mins

N120,000/90mins

#### **Couple Hotstone Massage**

A massage therapy that uses smooth, heated stones which promotes relaxation of the muscles and joints in the body to ease pains & spasm.

N100,000/60mins

N120,000/90mins

### Steam Bath

N15,000/30mins



#### Rituals- Body Treatment/Wet Treatment/Body Treatment

Choose from variety of spa Rituals. Start with a choice of steam or sauna & 30 minute massage to complete the experience

#### N60,000

#### Fat Blast

Slim, trim and breakdown fatty cell-cluster beneath the skin with this specialized natural therapy

N**50,000** 

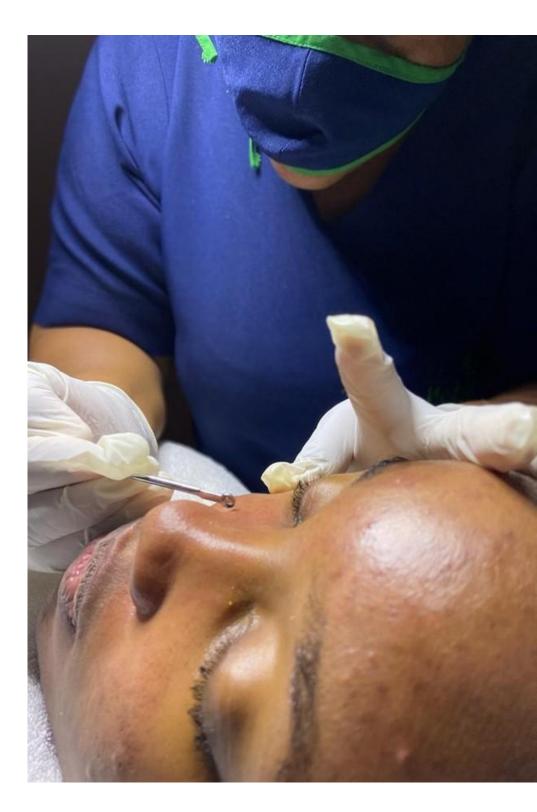
#### Hamman and Turkish Bath

Souqla Hamman (brightening)	N60,000
El Fassi Hamman (for Dark Spot)	N70,000
Traditional Hamman	N55,000
Basic Hamman	N50,000
Regular Turkish Bath	N60,000
Brightening Turkish Bath	N65,000

#### **Body Scrub**

Vitamin C Scrub	N40,000
Chocolate Scrub	N40,000
Coffee Scrub	N40,000
Egyptian Scrub & Polish	N60,000

Deep Cleansing Facials	N40,000
Brightening Facials	N50,000
Anti-Aging Facials	N55000
Acne Facials with High Frequency	N60,000
Casmara Brightening Facials	N60,000
Casmara Anti-Aging Facials	N60,000
Casmara Acne Casmara Mask	N60,000 N20,000
Derma planning Only	N30,000
Derma planning with deep cleasing	N55,000
Vitamin C Facials	N55,000
Hydrating Facials	N50,000
Hydrating Facials with Vitamins C Hydra Facials	N55,000 <b>N85,000</b>
Mini Facials (kids between age 6- 12years	N30,000

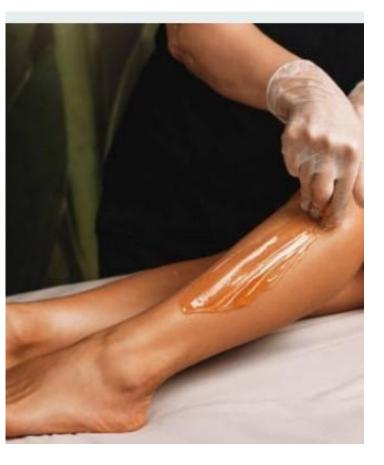


#### **STRIP WAXING**

Eye Brow	N10,000
Chin	N10,000
Upper Lip	N10,000
Side Burns	N10,000
Under Arm Wax	N15,000
Full Face	N30,000
Half Legs	N25,000
Full Legs	N35.000
Bikini Line	N18,000
Bikini	25,000
Brazilian	N30,000
Chest	N20,000
Back(Ladies)	N20,000
HalfArm	N15,000
Full Arm	N20,000
Full Body(Ladies)	N120,000
Chest(Male)	N30,000
Chest & Tummy (Male)	N40,000
Back (Male)	N30,000
Full Body (Male)	N150,000
Chin	N30,000

#### **SUGAR WAXING**

Armpit	N15,00 0
Arms	N15,000
Bikini	N21,500
Bikini Line	N15,000
Chin	N10,000
Chest(Male)	N30,000
Chest & Tummy (Male)	N35,000
Back (Male)	N30,000
Full Body (Female)	N80,000
Full Body (Male)	N100,000
Full Face	N25,000
Full Legs	N25,000
Knee to Ankle	N20,000
Upper Lip	N10,000
Shoulder to Chest	N20,000



#### MED SPA SERV ICES

Mesotherapy PRP Plus Micro-Needling Micro-Needling for Hair Loss Botox	N200,000 N200,000 N150,000 \$40 per unit	O-Shot G-Shot Teeth Whitenning Teeth Cleaning	N200,000 N200,000 N60,000 N25,000
Botox, Hyperhidrosis	\$2000		
Fillers	N500,000 & above		
Micro-Needling with serum (SKIN)	N120,000 & above		
Mole,Skin Tags, Wart Removal	N60,000 & above		
IV Vitamin Boosts/Therapy	N100,000 above per session		
Liposulpt	N50,000 per session		
Microdermabrasion withoxygenated crystals	N100,000	R REMOVAL	

#### LASER HAIR REMOVAL



Full Face	N80,000
Lower Face	N60,000
Upper Lip	N30,000
Chin	N40,000
Chest	N70,000
Abdomen	N60,000
Bikini	N100,000
Brazilian	N120,000
Full Body	N300,000
Under Arm	N45,000

#### **Milk Brightening Peel**

Is a medical grade peel that penetrates the outer layers of the skin to treat skin imperfection, fine lines and rejuvenate the skin N80,000

#### Mask Acne - Prone Skin Peel

Is a re-texturing mask that removes dead cells and excess sebium from the skin while purifying and removing impurities N80,000

#### **Cosmo Forte Peel/per session**

Eliminates pigmented lesions reduces photo damage spots and revitalize the skin as well as boost collagen and elasticity of the skin

#### N200,000 Cosmo medium peel N100,000

#### **Cosmo Forte Peel /Homecare**

Is a powerful anti aging peel that smooths the skin and improves overall skin tone.

N400,000

#### **VI Peel/per session**

Painlessly penetrate through the dermal epidermal and minimize signs of ageing, fine-lines, wrinkles, sun damage, hyperpigmentation, uneven skin texture and tone up the skin.

VI Peel Original: Maintenance VI Peel Purify: Acne & Congestion VI Peel Advance: Aging & wrinkles VI Peel precision Plus : Hyper-pigmentation VI Peel Purify with precision plus: Acne & Hyper pigmentation

N300,000 & Above



**VI PEEL** 

A Flawless Complexion in 7 Days 5 Targeted Formulas That Treat: Acne | Melasma | Aging Skin | Hyperpigmentation | Acne Scarring | Stretch Marks





GET A VI PEEL TODAY!

## **DIETETICS & NUTRITION**



Assessment & Counsel	N24,000
Nutritional Assessment	N15,000
Diet Plan	N20,000

#### WEIGHT MANAGEMENT

Assessment and consultation N50,000 Medi assisted option N500,000 & above

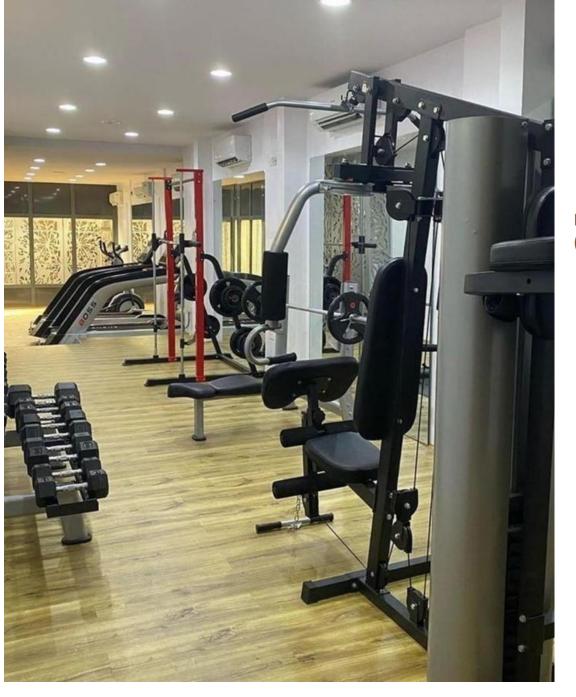


#### **DENTAL SERVICE**

<b>Registration &amp; Consultation</b>	N12,000	Temporary Filling	N30,000
Scaling & Polishing N2	5,000-35000	GIC Filling	N40,000
Gross Scaling & Polishing	N40,000	Composite Filling	N40,000
Children Scaling & Polish	N15,000	Composite Buildup	N45,000
Teeth Whitening	N57,000	Braces	N900,000
Simple Extraction	N42,000	Implant without Bone Graft	N750,000
Surgical Extractions	N95,000	Implant with	N900,000
Periapical X-ray	N10,000	Bone Graft	N 900,000
Operculectomy	N60,000	Full mouth Debridement	N120,000
Acrylic Partial Denture (one unit)	N40,000		
Addiction Unit	N25,000		
Flexible Denture	N65,000		
Subsequent unit	N40,000		
Removable Appliance	N80,000		
Subgingival Curettage	N50,000		
Root Canal Therapy (RCT) Anterior	N75,000		
RCT Posterior	N100,000		
PFM Crown	N100,000		
zirconia Crown	N150,000		
Veneers (Emax & zirconia)	N220,000		

## **CHIROPRACTIC & PAIN MANAGEMENT**

Consultation	N30,000	Mineral deficiency prescription	N70,000
Mineral deficiency	N45,000	Acupunture	N50,000
Colon cleansing	N45,000		-
Neck pain therapy	N45,000 - 55,000	Acupressure	N55,000
Shoulder pain therapy	N50,000		11
Migraine/headache therapy	N50,000	La porte	
Midback pain therapy	N50,000		-12/
Waist/lower back pain	N45,000 - 55,000	Bucenee	
Sciatic pain therapy	N45,000 - 55,000	Ment	
Knee arthritis therapy	N50,000	10	
General body pain therapy	N55,000		
feet/ankular pain therapy	N50,000	Contraction of the second s	
Unidentified MRI pain therapy	N60,000		



#### JOIN OUR FITNESS & GYM CLASSES MEMBERSHIP OPTIONS

Walk-In Daily	N 3,000
SINGLE (MONTHLY	
Gym Access	N25,000
Gym & Personal Trainings	N40,000
Gym & Personal Training &	
Fitness Studio	N65,000

#### FAMILY PACKAGES (FAMILY OF 4) (MONTHLY PLAN)

Gym Access	N65,000
Gym & Personal Training & Fitness Studio	N85,000
Exercise Classes Only	N20,000
EMS/I Fitness Training 6	
sessions	N55,000

#### FAMILY OF 5 TO 7 (MONTHLY PLAN)

Gym Access only	N85,000
Gym & Personal Training &	
Fitness Studio	N105,000

#### **ANNUAL SUBSCRIPTION**

#### Gym Access only

Single	N205,000
Family of 4	N610,000
Family of 5 to 7	N810,000
Gym & PT (Per Person	N310,000

Gym & Personal Training & N520,000 Fitness Studio

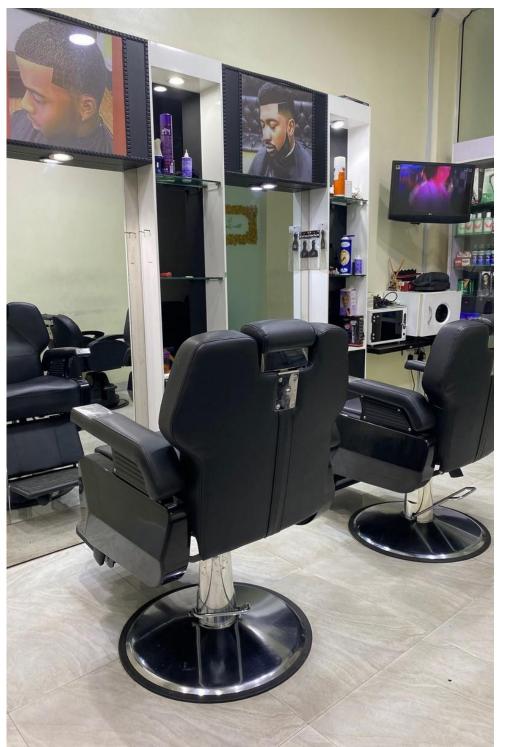
(One off registration fees are applicable)

#### DANCE CLASSES

Daily: N5,000 Monthly: N30,000

#### **KARATE CLASSES**

Monthly: N10,000



#### MEN GROOMING

Caucasian Haircut	N10,000
Dyeing - Self Kit - Ladies	N7,000
Dyeing - Self Kit - Men	N6,000
Dyeing - Salon Kit	N8,000
Friction/Shape- up	N3,500
Hair Cut - Adults	N4,000
Hair Cut - Ladies	N5,000
Hair Cut - Kids	N3,000
Manicure	N10,000
Pedicure	N18,000
Cutting of nails	N3,500
Sporting Waves & Hair Cut(Salon Kit)	N10,000
Sporting Waves & Hair Cut (Self Kit)	N7,000
Hair Cut (Home Service within GRA)	N20,000
Dreadlocks (Re-lock)	N20,000 and above
Dreadlocks & Hair Cut	N25,000
Dreadlocks (Starters Lock)	N60,000

EXECUTIVE/PRIVATE SERVICE IN THE SALON IS ADDITIONAL 50% OF BASIC PAYMENT



#### EXECUTIVE/PRIVATE SERVICE IN THE SALON IS ADDITIONAL 50% OF BASIC

#### HAIR STUDIO

Spiraling & Tonging	N15,000
Washing of hair & Dry	N10,000
Washing of Dreadlocks Wig	N10,000
Wash (Short)	N10,500
Wig Wash (Long)	N15,000
Crochet Weaving	N15,000
Crochet Single (Short)	N17,500
Crochet Single (Long)	N20,000
<b>Steaming - Clients Products</b>	N10,000
Steaming	N15,000
Oven Tong	N15,000
Dyeing	N10,000
<b>Retouching &amp; Tong with Clients Products</b>	N20,000
<b>Retouching with Clients Products</b>	N15,000
Normal Loosing - Children's loosing	N10,000
Weaving/Didi (Relaxed Hair)	N10,000
Weaving /Didi (Natural Hair)	N10,000
Loosening of natural twist	N10,000
Loosening of Sade Adu/Braids	N10,000
Loosening of Ghana Weaving	N10,000
Loosening of Big Braid	N10,000
	N15,000
Loosening of Long Braid	N15,000
Children's Hair -braids	N10,000
Children's Hair	

All Back Ghana Weaving	N1,0500	Kinky Bob - Long	N30,000
Ghana Weaving- Medium	N16,500	Kinky Bob - Short	N25,000
Ghana Weaving- Normal	N18,500	v	N30,000
Ghana Weaving-Big	N11,500	Fixing of Frontal	,
Sade Adu- Attachment	N25,500	Fixing of Closure Fixing of hair center parting	N20,000
Sade Adu- Ordinary	N20,000	Retouching & tonging	N20,000 N20,000
Braids- Small/Goddess braid	N50,000	Straightening of hair only	N10,000
Braids - Medium	N30,000	Straightening of natural hair with pod	N10,000
Braids - Large	N25,000	Straightening of wig with steaming pod	N10.000
<b>Knotless Braids - Small</b>	N45,000	Wash, treatment & Straightening of wig	N20,000
<b>Knotless Braids - Medium</b>	N30,000	Wash & Oven Tong	N10,000
<b>Knotless Braids - Large</b>	N25,000	Wash & Treatment - Kera care Protein Treatment	N25,000
Bridal (pack)	N52,000 & above	Wash & Treatment - Organic	N15,000
<b>Up-Do-Packing of hair</b>	N20,000	Steaming with customer kit	N10,000
Fixing N ponytail	N16,000	Retouching with customer kit	N10,000
Styling of dread	N10,000	Wash & Blow Dry- European/ Multi-Textured Hair	N15,000
Natural Twist (BIG)	N15,000	Wash & Dry	N10,000
Natural Twist (Small)	N20,000	Dreadlocks - Sister Lock (Starter)	N 80,000
Bleach & Color	N25,000	Dreadlocks - Sister Lock (Re-lock)	N40,000
Tint Re-growth	N15,000	Instant Locks- (Permed/Unpermed Hair	N45,000
Semi - Permanent color	N20,000	<b>Re lock</b>	N25,000
Weave - on Wig Customization	N25,000		

EXECUTIVE/PRIVATE SERVICE IN THE SALON IS ADDITIONAL 50% OF BASIC

#### NAIL STUDIO

Acrylic Nails (Gel/Short)	N25,000
Acrylic Nails (Gel/Long)	N30,000
Refills with Gel Polish Short	N20,000
Refills with Gel Polish Long	N25,000
	N20,000
Dipping Powder (Newest)	•
Dipping Powder Refill Ombre Powder Nails	N18,000
	N30,000
Ombre Refills	N25,000
Nails Wrap	N25,000
Stick on Nails with Gel	N20,000
Buff & Tidy	N15,000
Gel-gel	N30,000
Stick on French	N25,000
Pedicure + paraffin + Gel	N30,000
Pedicure + Paraffin Wax	N25,000
Pedicure + Gel Polish	N20,000
Pedicure Regular	N18,000
Dry Pedicure	N15,000
Manicure Plus Gel	N20,000
Manicure	N10,000
Change Of Polish	N10,000
Gel Polish (Toe)	N10,000
Cat eye polish	N15,000
Gel Polish (Hand)	N12,000
Nail Accessories Per Finger	N5,000
AirBrush	N5000
Nail Art/Design	N6,000 & Above
Gel Top Coat	N5,000
Chrome	N5,000
Soak off in Gel	N5,000
Soak off in Acrylic	N5,000
Fixing of Big Toe Only	N5,000
Cutting of Nails	N5,000
Children up to 8yrs Manicure	N5,000
Children up to 8yrs pedicure	N10,000
Children up to 8yrs Regular	N5,500



#### **BEAUTY SERVICES**

#### SEMI PERMANENT LASH

#### MAKE UP STUDIO

Classic Hybrid	N28,000 N30,000	Basic
Volume	N35,000	Party Gele
cat eye (Effect)	N5,000	Bridal Glam (Ikeja)
Classic Refill	N20,000	
Hybrid Refill	N25,000	
Volume Refill	N30,000	
Eye Brow grooming	N3,000	
Semi Permanent Lash Removal	N6,500	

# N 25,000 N30,000 N5,000 N150,000



#### BROWS

Micro Blading	N75,000	
Ombre	N85,000	PIERCING
Combo Brows	N95,000	15,000 Per Location (Includes
Micro Shading	N75,000	Sterile Ornament
Threading	N15000	
Waxing	N10,000	

# PACKAGES

#### **Relaxation Package**

- Swedish Massage
- Steam Bath
- Pedicure
- Brightening Facials



#### **Wellness Package**

- Combo Massage
- Steam Bath
- Scaling & Polishing
- Brightening Facials

# N120,000

#### Wellness Package (1)

- Pedicure
- ✤ Manicure
- 30 Mins Massage



#### Wellness Package (2)

- Body scrub
- Steam Bath
- 30 Mins Massage
- ✤ Pedicure



#### Wellness Package (3)

- Turkish | Hamman Bath
- Steam Bath
- ✤ 30 Mins Massage
- Brightening Facials



#### Wellness Package (4)

- ✤ Hotstone Massage
- Pedicure & Manicure
- ✤ Facials



# PACKAGES

#### Bridal Package

N135,000

- Pedicure + Gel
- Brightening Hamman
- Swedish Massage
- Scaling & Polishing

#### **Birthday Package**

- Steam Bath
- Swedish Massage
- Deep cleansing Facials
- Pedicure & Manicure
- ✤ Bottle of Redwine

#### **Couples Package**

- Couples Scrub
- Couples Relaxation Massage
- Couple relaxation
  Facials



N120,000



- Brightenning Hamman X2
- Couples relaxation Massage
- Couples Pedicure
- Bottle of Wine



#### **Couples Package (3)**

Couples relaxation MassagePedicure X2



## 55 Lounge



- **Corporate Events**
- **Pamper Parties**
- Dine in
- **Deliveries**
- Food 'On The Go'



Phone No 07000500055, 09040412333

I.G page: Cafe55\_fiftyfive55

Address: 55A Isacc John Street, GRA, Ikeja Lagos