



## Rejuvenee Massage

### Deep Tissue Massage

An Intense massage that uses deep pressure to relieve tension, eliminate any stiffness and releases energy to prolong the feeling of wellbeing long after the massage is over.

N24,000/30 mins    N38,000/60mins    N50,000/90mins

### Swedish Massage

A soft pressure massage with the aim to relax the entire body which involves long strokes using light to firm pressure.

N23,000/30mins    N30,000/60mins    N40,000/90mins

### Combo Massage

It is the combination of both Swedish & deep tissue massage.

N40,000/60mins    N55,000/90mins

### Hotstone Massage

A massage therapy that uses smooth, heated stones which promotes relaxation of the muscles and joints in the body to ease pains & spasm.

N40,000/60mins    N50,000/90mins

### Thai Massage

It's uses gentle pressure and stretching techniques which is focused on improving the flow of energy in the body.

N48,000/60mins    N53,000/90mins

### Head, Neck and Shoulder Massage

It relieves stress & tension. it is a massage which helps to stimulate the senses & relaxes the body.

N25,000/30mins    N32,000/60mins

### **Back, Neck and Scalp Massage**

It is a relaxation massage which helps to reduce stress & release tension.

N25,000/30mins                      N32,000/60mins

### **Aromatherapy**

It is a massage that uses essential oils to relax the muscles and relieve tension .

N40,000/60mins                      N48,000/90mins

### **Reflexology**

It involves the stroking and manipulation of soft tissue.

N25,000/30mins                      N35,000/60mins

### **Weight Loss Massage (G5)**

It is a relaxing way to lose weight & reduce cellulite.

N37,000/60mins

### **Pregnancy Massage (After First Trimester)**

A light massage recommended for second and third trimester to assist in releasing lower back pain, water retention and sciatica.

N35,000/60mins

### **Mini Me Massage(age 6-12)**

N21,000/30mins

### **Pin Rolling Massage**

It uses the massage rolling pin which improves blood circulation and loosens up the body by massaging the calves.

Walk in per session

Ten sessions Pre-paid

N35,000/60mins

N300,000-2/3 Times a week





### **Couple Deep Tissue Massage**

it is a massage for couples to bond and ease tension. it consists of a steam bath, and deep tissue massage.

**N46,000/30 mins      N73,000/60mins      N98,000/90mins**

### **Couple Swedish Massage**

it is a massage for couples to bond and ease tension. it consists of a steam bath, and a swedish massage.

**N46,000/30mins      N58,000/60mins      N78,000/90mins**

### **Couple Combo Massage**

it is a massage for couples to bond and ease tension. it consists of a steam bath, a swedish and deep tissue massage.

**N78,000/60mins      N90,000/90mins**

### **Couple Hotstone Massage**

A massage therapy that uses smooth, heated stones which promotes relaxation of the muscles and joints in the body to ease pains & spasm.

**N75,000/60mins**

**N98,000/90mins**



<b>Deep Cleansing Facials</b>	N32,000
<b>Brightening Facials</b>	N42,000
<b>Anti-Aging Facials</b>	N55,000
<b>Acne Facials with High Frequency</b>	N50,000
<b>Casmara Brightening Facials</b>	N50,000
<b>Casmara Anti-Aging Facials</b>	N50,000
<b>Casmara Acne</b>	N50,000
<b>Casmara Mask</b>	N15,000
<b>Derma planning Only</b>	N20,000
<b>Derma planning with Facials</b>	N50,000
<b>Vitamin C Facials</b>	N40,000
<b>Hydrating Facials</b>	N40,000
<b>Hydrating Facials with Vitamins C</b>	N45,000
<b>Hydra Facials</b>	<b>N80,000</b>
<b>Mini Facials (kids between age 6-12years)</b>	N20,000

