

## About Us

Rejuvenee is a holistic beauty & wellness center.

We provide a range of world class services that promotes inner serenity & general wellbeing.



# REJUVENEE SPA & WELLNESS BROCHURE

## Contact Us

☎ 08099930000

✉ info@rejuvenee.com

🌐 www.rejuvenee.com

📍 55A Issac John Ikeja GRA



DISCOVER ”  
TRANQUILITY,  
WHERE  
RELAXATION  
MEETS  
REJUVENATION

## Operational

## Hours

9:00 AM - 7:00 PM (MON-SAT)

1:00 PM - 7:00 PM (SUNDAYS)



Massage is not just a luxury, it is a way to a happier healthier life.



rejuvenate

Spa & Wellness Center



## Rejuvenee Massage

### Deep Tissue Massage

An Intense massage that uses deep pressure to relieve tension, eliminate any stiffness and releases energy to prolong the feeling of wellbeing long after the massage is over.

N24,000/30 mins    N38,000/60mins    N50,000/90mins

### Swedish Massage

A soft pressure massage with the aim to relax the entire body which involves long strokes using light to firm pressure.

N23,000/30mins    N30,000/60mins    N40,000/90mins

### Combo Massage

It is the combination of both Swedish & deep tissue massage.

N40,000/60mins    N55,000/90mins

### Hotstone Massage

A massage therapy that uses smooth, heated stones which promotes relaxation of the muscles and joints in the body to ease pains & spasm.

N40,000/60mins    N50,000/90mins

### Thai Massage

It's uses gentle pressure and stretching techniques which is focused on improving the flow of energy in the body.

N48,000/60mins    N53,000/90mins

### Head, Neck and Shoulder Massage

It relieves stress & tension. it is a massage which helps to stimulate the senses & relaxes the body.

N25,000/30mins    N32,000/60mins

## **Back, Neck and Scalp Massage**

It is a relaxation massage which helps to reduce stress & release tension.

**N25,000/30mins**

**N32,000/60mins**

## **Aromatherapy**

It is a massage that uses essential oils to relax the muscles and relieve tension .

**N40,000/60mins**

**N48,000/90mins**

## **Reflexology**

It involves the stroking and manipulation of soft tissue.

**N25,000/30mins**

**N35,000/60mins**

## **Weight Loss Massage (G5)**

It is a relaxing way to lose weight & reduce cellulite.

**N37,000/60mins**

## **Pregnancy Massage (After First Trimester)**

A light massage recommended for second and third trimester to assist in releasing lower back pain, water retention and sciatica.

**N35,000/60mins**

## **Mini Me Massage(age 6-12)**

**N21,000/30mins**

## **Pin Rolling Massage**

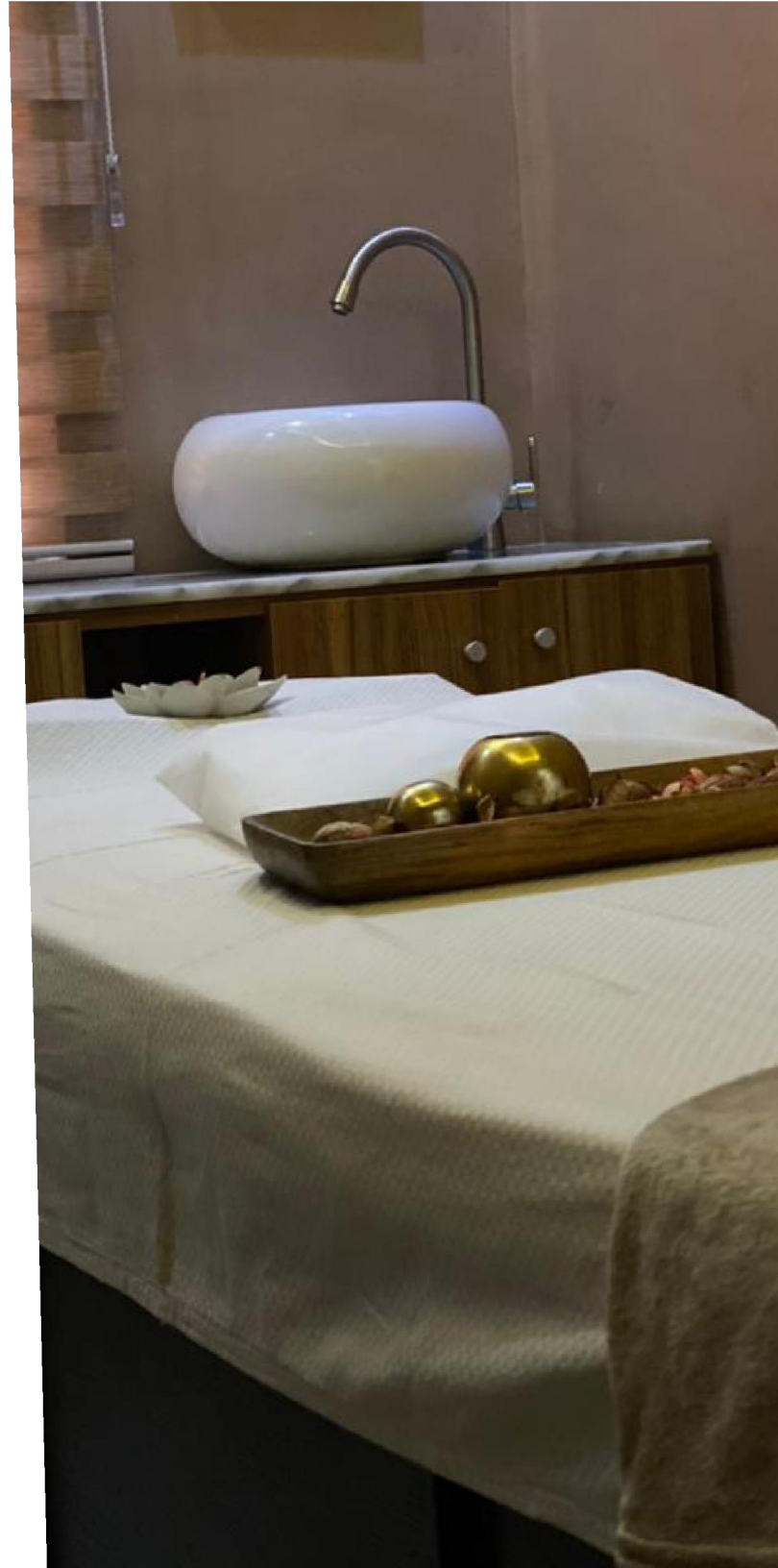
It uses the massage rolling pin which improves blood circulation and loosens up the body by massaging the calves.

Walk in per session

Ten sessions Pre-paid

**N35,000/60mins**

**N300,000-2/3 Times a week**







### **Couple Deep Tissue Massage**

it is a massage for couples to bond and ease tension. it consists of a steam bath, and deep tissue massage.

**N46,000/30 mins**

**N73,000/60mins**

**N98,000/90mins**

### **Couple Swedish Massage**

it is a massage for couples to bond and ease tension. it consists of a steam bath, and a swedish massage.

**N46,000/30mins**

**N58,000/60mins**

**N78,000/90mins**

### **Couple Combo Massage**

it is a massage for couples to bond and ease tension. it consists of a steam bath, a swedish and deep tissue massage.

**N78,000/60mins**

**N90,000/90mins**

### **Couple Hotstone Massage**

A massage therapy that uses smooth, heated stones which promotes relaxation of the muscles and joints in the body to ease pains & spasm.

**N75,000/60mins**

**N98,000/90mins**



**Rituals- Body Treatment/Wet Treatment/Body Treatment**

Choose from variety of spa Rituals. Start with a choice of steam or sauna & 60 minute massage to complete the experience

N50,000

**Fat Blast**

Slim, trim and breakdown fatty cell-cluster beneath the skin with this specialized natural therapy

N45,000

**Hamman and Turkish Bath**

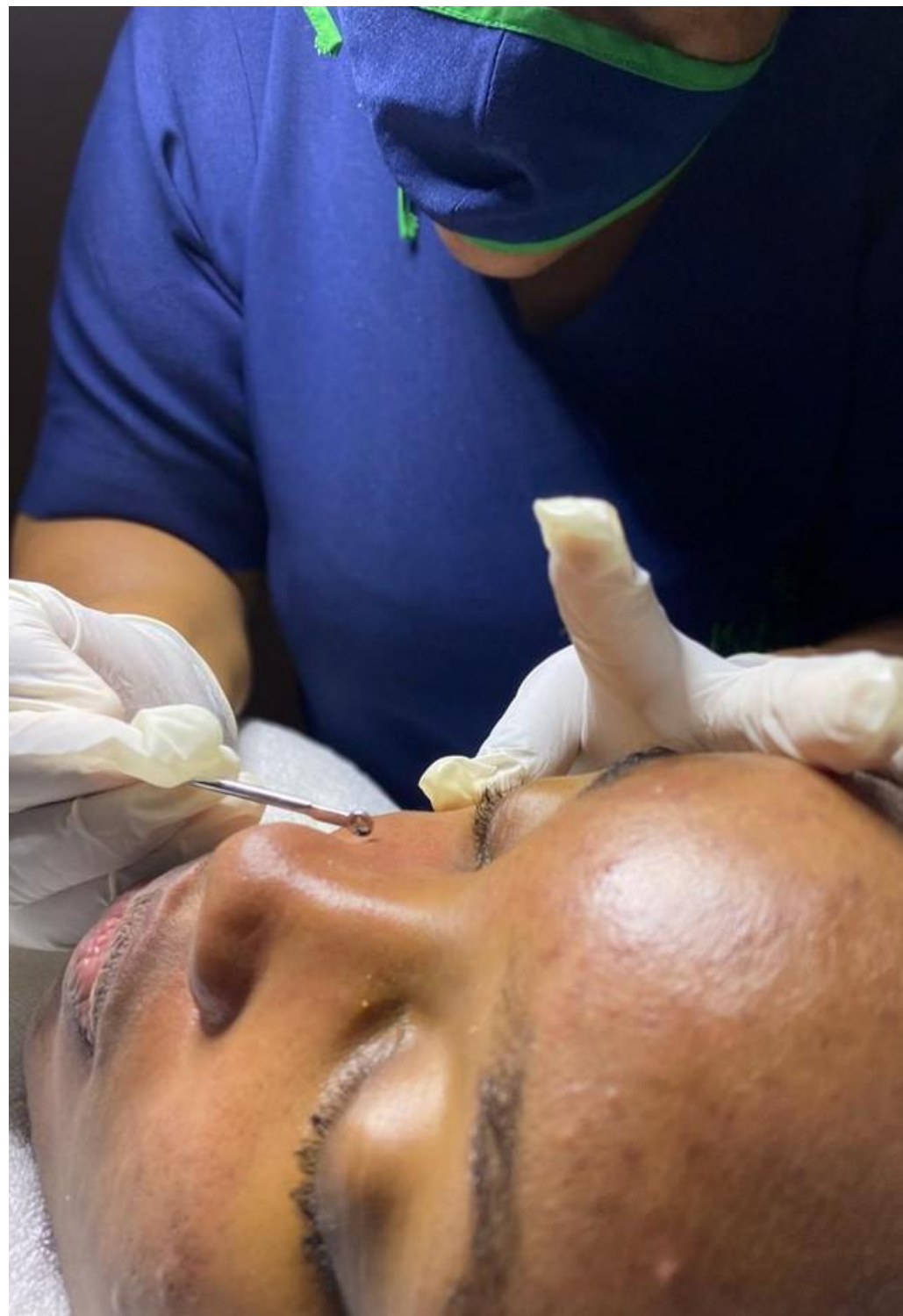
Souqla Hamman (brightening)	N52,000
El Fassi Hamman (for Dark Spot)	N60,000
Traditional Hamman	N50,000
Basic Hamman	N45,000
Regular Turkish Bath	N55,000
Brightening Turkish Bath	N60,000

**Body Scrub**

Vitamin C Scrub	N32,000
Chocolate Scrub	N32,000
Coffee Scrub	N32,000
Egyptian Scrub & Polish	N45000

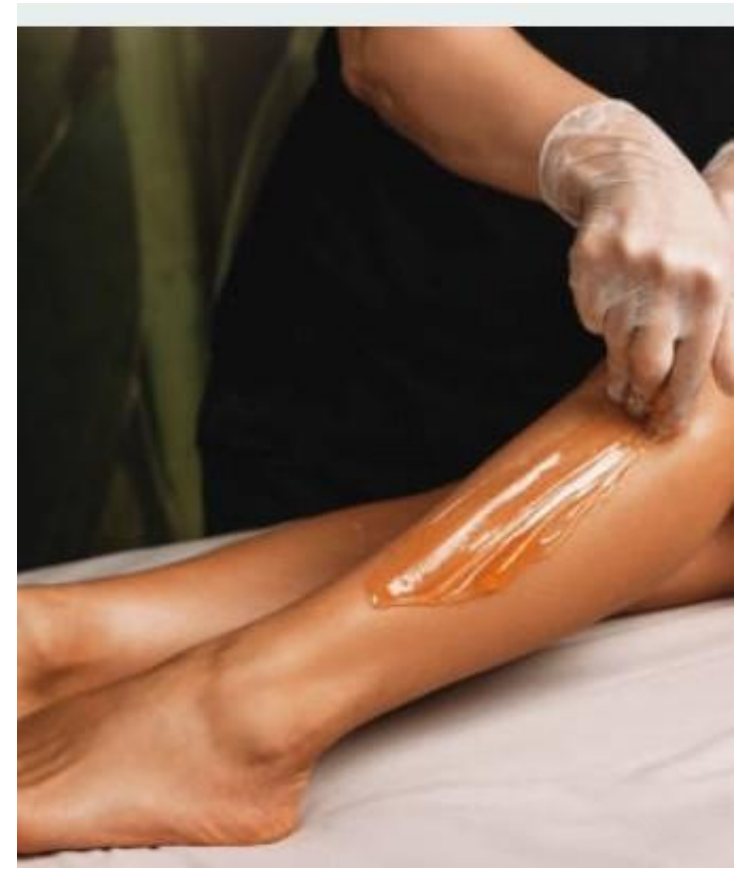


<b>Deep Cleansing Facials</b>	N32,000
<b>Brightening Facials</b>	N42,000
<b>Anti-Aging Facials</b>	N55000
<b>Acne Facials with High Frequency</b>	N50,000
<b>Casmara Brightening Facials</b>	N50,000
<b>Casmara Anti-Aging Facials</b>	N50,000
<b>Casmara Acne</b>	N50,000
<b>Casmara Mask</b>	N15,000
<b>Derma planning Only</b>	N20,000
<b>Derma planning with Facials</b>	N50,000
<b>Vitamin C Facials</b>	N40,000
<b>Hydrating Facials</b>	N40,000
<b>Hydrating Facials with Vitamins C</b>	N45,000
<b>Hydra Facials</b>	<b>N80,000</b>
<b>Mini Facials (kids between age 6-12years)</b>	N20,000



## STRIP WAXING

## SUGAR WAXING



Eye Brow	N5,000
Chin	N7,000
Upper Lip	N4,000
Hairline	N6,000
Under Arm Wax	N8,000
Full Face	N17,000
Half Legs	N17,000
Full Legs	N25,000
Bikini Line	N12,000
Bikini	20,000
Chest	N14,000
Back	N17,000
Half Arm	N12,000
Full Arm	N17,000
Full Body	N75,000
Chest(Male)	N30,000
Chest & Tummy (Male)	N40,000
Back (Male)	N30,000
Full Body (Male)	N80,000
Chin	N30,000

Armpit	N7,000
Arms	N12,500
Bikini	N21,500
Bikini Line	N7,000
Chin	N7,000
Chest(Male)	N30,000
Chest & Tummy (Male)	N35,000
Back (Male)	N25,000
Full Body (Female)	N55,000
Full Body (Male)	N80,000
Full Face	N16,000
Full Legs	N25,000
Knee to Ankle	N20,000
Upper Lip	N5,000
Shoulder to Chest	N18,000



## MED SPA SERVICES

Mesotherapy	N200,000
PRP Plus Micro-Needling	N200,000
Micro-Needling for Hair Loss	N150,000
Botox	\$40 per unit
Botox, Hyperhidrosis	\$2000
Fillers	N500,000
Micro-Needling with serum (SKIN)	N120,000 & above
Mole, Skin Tags, Wart Removal	N60,000 & above
IV Vitamin Boosts/Therapy	N100,000 above per session
Liposulpt	N50,000
Microdermabrasion with oxygenated crystals	N100,000



## LASER HAIR REMOVAL

Full Face	N80,000
Lower Face	N60,000
Upper Lip	N30,000
Chin	N40,000
Chest	N70,000
Abdomen	N60,000
Bikini	N100,000
Brazilian	N80,000
Full Body	N300,000
Under Arm	N45,000

## Milk Brightening Peel

Is a medical grade peel that penetrates the outer layers of the skin to treat skin imperfection, fine lines and rejuvenate the skin  
**N70,000**

## Mask Acne - Prone Skin Peel

Is a re-texturing mask that removes dead cells and excess sebum from the skin while purifying and removing impurities  
**N70,000**

## Cosmo Forte Peel/per session

Eliminates pigmented lesions reduces photo damage spots and revitalizes the skin as well as boost collagen and elasticity of the skin  
**N200,000**

## Cosmo Forte Peel /Homecare

Is a powerful anti aging peel that smooths the skin and improves overall skin tone.  
**N400,000**

## VI Peel/per session

Painlessly penetrate through the dermal epidermal and minimize signs of ageing, fine-lines, wrinkles, sun damage, hyper-pigmentation, uneven skin texture and tone up the skin.

VI Peel Original: Maintenance

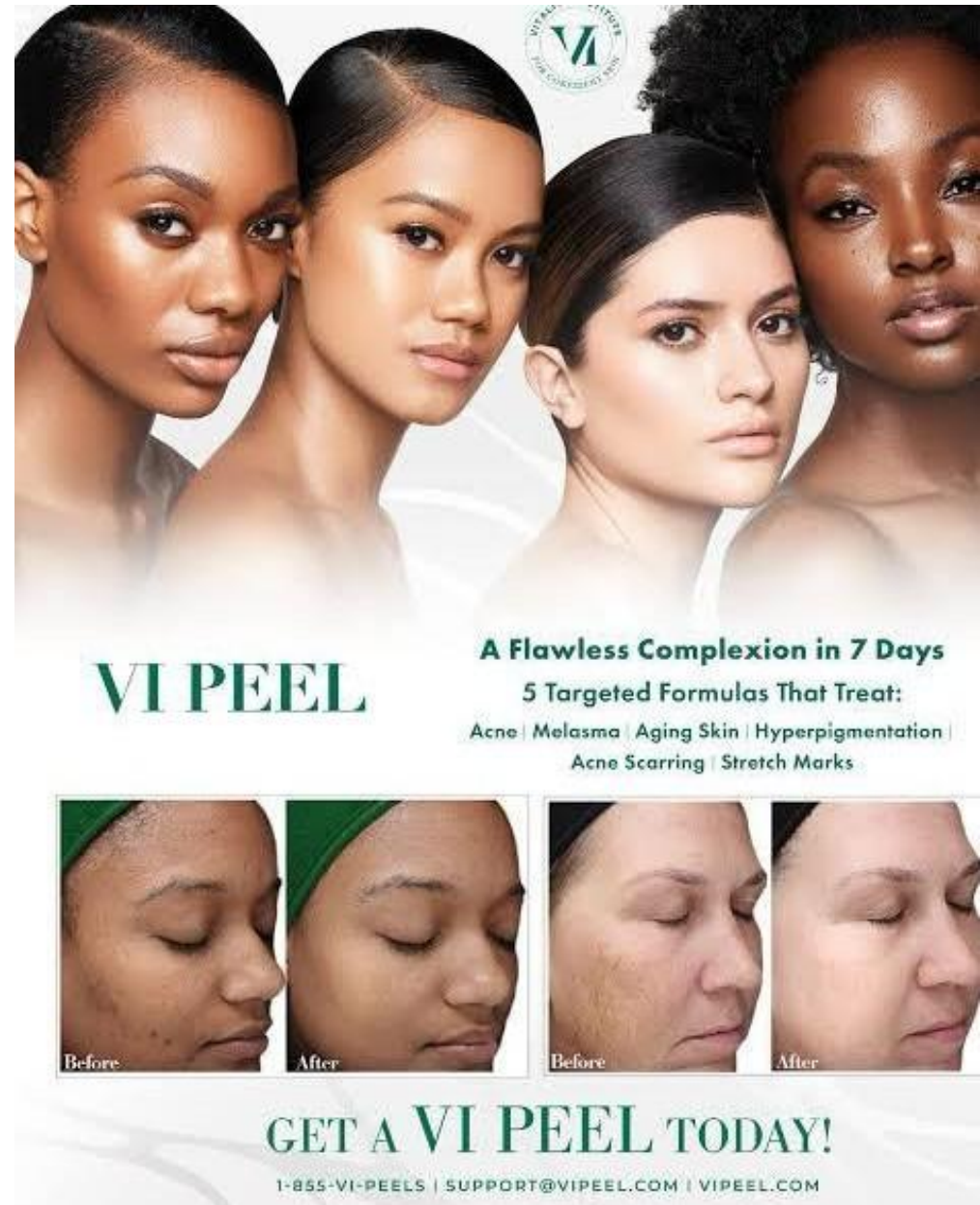
VI Peel Purify: Acne & Congestion

VI Peel Advance: Aging & wrinkles

VI Peel precision Plus : Hyper-pigmentation

VI Peel Purify with precision plus: Acne & Hyper pigmentation

**N260,000 & Above**



**VI PEEL**

**A Flawless Complexion in 7 Days**  
5 Targeted Formulas That Treat:  
Acne | Melasma | Aging Skin | Hyperpigmentation |  
Acne Scarring | Stretch Marks

Before After Before After

**GET A VI PEEL TODAY!**  
1-855-VI-PEELS | SUPPORT@VIPEEL.COM | VIPEEL.COM

# DIETETICS & NUTRITION



**Assessment & Counsel**                      **N24,000**

**Nutritional Assessment**                      **N15,000**

**Diet Plan**                      **N20,000**

## **WEIGHT MANAGEMENT**

**Assessment and consultation** **N50,000**

**Medi assisted option**                      **N500,000 & above**





## DENTAL SERVICE

Registration & Consultation	N12,000	Temporary Filling	N30,000
Scaling & Polishing	N25,000-35000	GIC Filling	N40,000
Gross Scaling & Polishing	N40,000	Composite Filling	N40,000
Children Scaling & Polish	N15,000	Composite Buildup	N45,000
Teeth Whitening	N57,000	Braces	N900,000
Simple Extraction	N42,000	Implant without Bone Graft	N750,000
Surgical Extractions	N95,000	Implant with Bone Graft	N900,000
Periapical X-ray	N10,000	Full mouth Debridement	N120,000
Operculectomy	N60,000		
Acrylic Partial Denture (one unit)	N40,000		
Addiction Unit	N25,000		
Flexible Denture	N65,000		
Subsequent unit	N40,000		
Removable Appliance	N80,000		
Subgingival Curettage	N50,000		
Root Canal Therapy (RCT) Anterior	N75,000		
RCT Posterior	N100,000		
PFM Crown	N100,000		
zirconia Crown	N150,000		
Veneers (Emax & zirconia)	N220,000		

# CHIROPRACTIC & PAIN MANAGEMENT

<b>Consultation</b>	<b>N30,000</b>
<b>Mineral deficiency</b>	<b>N45,000</b>
<b>Colon cleansing</b>	<b>N45,000</b>
<b>Neck pain therapy</b>	<b>N45,000 - 55,000</b>
<b>Shoulder pain therapy</b>	<b>N50,000</b>
<b>Migraine/headache therapy</b>	<b>N50,000</b>
<b>Midback pain therapy</b>	<b>N50,000</b>
<b>Waist/lower back pain</b>	<b>N45,000 - 55,000</b>
<b>Sciatic pain therapy</b>	<b>N45,000 - 55,000</b>
<b>Knee arthritis therapy</b>	<b>N50,000</b>
<b>General body pain therapy</b>	<b>N55,000</b>
<b>feet/ankular pain therapy</b>	<b>N50,000</b>
<b>Unidentified MRI pain therapy</b>	<b>N60,000</b>

<b>Mineral deficiency prescription</b>	<b>N70,000</b>
<b>Acupuncture</b>	<b>N50,000</b>
<b>Acupressure</b>	<b>N55,000</b>





## JOIN OUR FITNESS & GYM CLASSES MEMBERSHIP OPTIONS

### SINGLE (MONTHLY PLAN)

Gym Access	N25,000
Gym & Personal Trainings	N40,000
Gym & Personal Training & Fitness Studio	N65,000

### FAMILY PACKAGES (FAMILY OF 4) (MONTHLY PLAN)

Gym Access	N65,000
Gym & Personal Training & Fitness Studio	N85,000
Exercise Classes Only	N20,000
EMS/I Fitness Training 6 sessions	N55,000

### FAMILY OF 5 TO 7 (MONTHLY PLAN)

Gym Access only	N85,000
Gym & Personal Training & Fitness Studio	N105,000

### ANNUAL SUBSCRIPTION

Gym Access only	
Single	N205,000
Family of 4	N610,000
Family of 5 to 7	N810,000
Gym & PT (Per Person)	N310,000
Gym & Personal Training & Fitness Studio	N520,000

(One off registration fees are applicable)

### DANCE CLASSES

Daily: N5,000  
Monthly: N30,000

### KARATE CLASSES

Monthly: N10,000





## MEN GROOMING

Caucasian Haircut	N10,000
Dyeing - Self Kit - Ladies	N7,000
Dyeing - Self Kit - Men	N6,000
Dyeing - Salon Kit	N8,000
Friction/Shape- up	N3,500
Hair Cut - Adults	N4,000
Hair Cut - Ladies	N5,000
Hair Cut - Kids	N3,000
Manicure	N8,000
Pedicure	N15,000
Cutting of nails	N3,500
Sporting Waves & Hair Cut(Salon Kit)	N10,000
Sporting Waves & Hair Cut (Self Kit)	N7,000
Hair Cut (Home Service within GRA)	N20,000
Dreadlocks (Re-lock)	N20,000 and above
Dreadlocks & Hair Cut	N25,000
Dreadlocks (Starters Lock)	N60,000

**EXECUTIVE/PRIVATE SERVICE IN THE SALON IS ADDITIONAL 50% OF BASIC PAYMENT**

## HAIR STUDIO



<b>Spiraling &amp; Tonging</b>	<b>N9,500</b>
<b>Washing of hair &amp; Dry</b>	<b>N5,500</b>
<b>Washing of Dreadlocks</b>	<b>N7,500</b>
<b>Wig Wash</b>	<b>N10,500</b>
<b>Crochet Weaving</b>	<b>N13,500</b>
<b>Crochet Single</b>	<b>N17,500</b>
<b>Steaming - Clients Products</b>	<b>N7,500</b>
<b>Steaming</b>	<b>N9,500</b>
<b>Oven Tong</b>	<b>N8,500</b>
<b>Dyeing</b>	<b>N6,500</b>
<b>Retouching &amp; Tong with Clients Products</b>	<b>N10,000</b>
<b>Retouching with Clients Products</b>	<b>N6,500</b>
<b>Normal Loosing - Children's loosing</b>	<b>N3,000</b>
<b>Weaving/Didi (Relaxed Hair)</b>	<b>N6,500</b>
<b>Weaving /Didi (Natural Hair)</b>	<b>N6,500</b>
<b>Loosening of natural twist</b>	<b>N4,500</b>
<b>Loosening of Sade Adu/Braids</b>	<b>N7,500</b>
<b>Loosening of Ghana Weaving</b>	<b>N5,500</b>
<b>Loosening of Big Braid</b>	<b>N7,500</b>
<b>Loosening of Medium Braid</b>	<b>N9,500</b>
<b>Children's Hair -braids</b>	<b>N13,500</b>
<b>Children's Hair</b>	<b>N7,500</b>

**EXECUTIVE/PRIVATE SERVICE IN THE SALON IS ADDITIONAL 50% OF BASIC**

<b>All Back Ghana Weaving</b>	<b>N13,500</b>	<b>Kinky Bob - Long</b>	<b>N20,500</b>
<b>Ghana Weaving- Medium</b>	<b>N16,500</b>	<b>Kinky Bob - Short</b>	<b>N16,500</b>
<b>Ghana Weaving- Normal</b>	<b>N18,500</b>	<b>Fixing of Frontal</b>	<b>N21,500</b>
<b>Ghana Weaving-Big</b>	<b>N11,500</b>	<b>Fixing of Closure</b>	<b>N16,500</b>
<b>Sade Adu- Attachment</b>	<b>N25,500</b>	<b>Fixing of hair center parting</b>	<b>N15,500</b>
<b>Sade Adu- Ordinary</b>	<b>N16,500</b>	<b>Retouching &amp; tonging</b>	<b>N10,000</b>
<b>Braids- Small/Goddess braid</b>	<b>N30,500</b>	<b>Straightening of hair only</b>	<b>N6,500</b>
<b>Braids - Medium</b>	<b>N25,500</b>	<b>Straightening of natural hair with pod</b>	<b>N9,500</b>
<b>Braids - Large</b>	<b>N19,500</b>	<b>Straightening of wig with steaming pod</b>	<b>N9,500</b>
<b>Knotless Braids - Small</b>	<b>N30,500</b>	<b>Wash, treatment &amp; Straightening of wig</b>	<b>N15,500</b>
<b>Knotless Braids - Medium</b>	<b>N21,500</b>	<b>Wash &amp; Oven Tong</b>	<b>N8,500</b>
<b>Knotless Braids - Large</b>	<b>N19,500</b>	<b>Wash &amp; Treatment - Kera care Protein Treatment</b>	<b>N16,500</b>
<b>Bridal (pack)</b>	<b>N52,000 &amp; above</b>	<b>Wash &amp; Treatment - Organic</b>	<b>N9,500</b>
<b>Up-Do-Packing of hair</b>	<b>N11,500</b>	<b>Steaming with customer kit</b>	<b>N6,500</b>
<b>Fixing N ponytail</b>	<b>N16,000</b>	<b>Retouching with customer kit</b>	<b>N6,500</b>
<b>Styling of dread</b>	<b>N7,500</b>	<b>Wash &amp; Blow Dry- European/ Multi-Textured Hair</b>	<b>N10,500</b>
<b>Natural Twist (BIG)</b>	<b>N10,500</b>	<b>Wash &amp; Dry</b>	<b>N6,500</b>
<b>Natural Twist (Small)</b>	<b>N13,500</b>	<b>Dreadlocks - Sister Lock (Starter)</b>	<b>N60,000</b>
<b>Bleach &amp; Color</b>	<b>N21,500</b>	<b>Dreadlocks - Sister Lock (Re-lock)</b>	<b>N31,000</b>
<b>Tint Re-growth</b>	<b>N13,500</b>	<b>Instant Locks- (Permed/Unpermed Hair</b>	<b>&amp;above N35,000</b>
<b>Semi - Permanent color</b>	<b>N16,500</b>	<b>Re lock</b>	<b>&amp;above N20,000</b>
<b>Weave - on Wig Customization</b>	<b>N17,500</b>		

**EXECUTIVE/PRIVATE SERVICE IN THE SALON IS ADDITIONAL 50% OF BASIC**



## NAIL STUDIO

Acrylic Nails(gel/short)	N19000	Manicure Plus Gel	N15,000
Acrylic nail (gel/long)	N22,000	Nail Accesories per finger	N5,000
Buff & Tidy	N12,000	Nail Art/design	N6,000 above
Change of Polish	N7,000	Gel top coat	N5,000
Dipping powder(Newset)	N15,000	Nails Wraps	N18,000
Dipping Powder Refill	N13,000	Ombre Powder Nails	N25,000
Gel-gel	N22,000	Ombre refill	N22,000
Gel Polish (toe)	N10,000	Pedicure - Paraffin Wax	N20,000
Gel Polish (Hand)	N10,000	Pedicure plus gel polish	N18,000
Infills with Gel Polish	N20,000	Pedicure- Regular	N15,000
Manicure	N10,000	Cutting of nails	N5,000
Chrome	N5000	Soak-off in Gel	N5,000
Children (6-12)-Manicure	N5,000	Soak off Acrylic	N5,000
Children (6-12) - Pedicure	N10,000	Stick on Nails with Gel	N20,000
Children (6-12) Regular	N5,500	Stick on French	N20,000



# BEAUTY SERVICES

## SEMI PERMANENT LASH

Classic	N20,000
Hybrid	N25,000
Volume	N30,000
Classic Refill	N15,000
Hybrid Refill	N20,000
Volume Refill	N25,000
Eye Brow grooming	N2,000
Semi Permanent Lash Removal	N5,500
cat eye	N2,000
lash soak off	N6,000

## BROWS

Micro Blading	N75,000
Ombre	N85,000
Combo Brows	N95,000
Micro Shading	N75,000
Threading	N12000
Waxing	N7,500

## MAKE UP STUDIO

Basic without Gele	N25,000
Regular/Party make up	N30,000
Celebrant Make up	N30,000
Bridal Glam (Ikeja)	N150,000
Gele	N5,000

## PIERCING

15,000 Per Location (Includes Sterile Ornament)







## HENNA BODY ART

<b>Bridal Henna (Elaborate)</b>	<b>N50,000</b>
<b>Casual Henna (Medium)</b>	<b>N10,000</b>
<b>Hair Treatment</b>	<b>N18,000</b>
<b>Hands &amp; Feet (Black)</b>	<b>N25,000</b>
<b>Hands &amp; Feet (Red)</b>	<b>N25,000</b>
<b>Henna Brow Tinting</b>	<b>N10,000</b>
<b>Henna Eye Brows</b>	<b>N7,000</b>
<b>Nail Bed Tinting</b>	<b>N7,000</b>
<b>Virginia Smoke Bath/Dukhan</b>	<b>N20,000</b>
<b>Henna Tiny Flower</b>	<b>N4,000 &amp; above</b>

**TEMPORARILY UNAVAILABLE**



# ANNUAL WELLNESS PACKAGES

## **BRONZE 450K** **REJUVENEE WELLNESS CENTER** **(55 Issac John Ikeja GRA)**

This complimentary gift voucher entitles you to one of the following options;

- A. Massage ,pedicure & Manicure, hair/cut/Steaming
- B. Facial, Pedicure, Manicure,, pedicure & Manicure, hair/cut/Steaming
- C. Full Body Scrub, Steam Bath, Basic Facial

Please advise your choice, date and time

## **SILVER 850k**

Members are entitled to Unlimited Gym Access, Bi-Annual scaling & polishing. Options A or B Monthly

- A. Steam bath, Hamman Bath, Swedish Massage, Pedicure & Manicure
- B. Massage , Steam bath, deep cleansing facial, pedicure

## **GOLD 1.5 MILLION**

- Unlimited Gym Access
- Unlimited Steam Room Access
- Monthly Body Scrub
- Biannual Scaling & Polishing
- Unlimited Fitness Studio Access
- Monthly Massage & Facials
- Monthly Pedicure & Manicure
- Quarterly Nutritionist Assessment

# 55 Lounge



## CAFE & LOUNGE

Corporate Events

Pamper Parties

Dine in

Deliveries

Food 'On The Go'

Phone No  
07000500055, 09040412333

I.G page: Cafe55\_fiftyfive55

Address: 55A Isacc John Street,  
GRA, Ikeja Lagos